

MDR LUXURY HOMES

BRINGING A NEW YORK-STYLE REAL ESTATE SERVICE TO SPAIN

Myriam De Roye, co-founder of Investo International, has launched MDR Luxury Property, a new real estate service aimed at the upper end of the market. MDR's specialism is helping clients who are looking to buy and sell luxury villas in the €1 million-plus price bracket and in new developments in southern Spain.

As the first "Pro-Member" of New York real estate giant The Serhant Team operating in southern Spain, Myriam De Roye brings with her a unique corporate mindset while adhering to the famed high level of US customer service.

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COOLDOT

ERGONOMIC ALTERNATIVE FOR AN OFFICE CHAIR: THE FITBALL

If you spend the majority of your working time sitting, you should consider replacing your office chair with a fitball – due to the many benefits it represents. Active sitting plays a crucial role in leading a healthy lifestyle. Not only does it relieve back pain but it also improves core strength, stability and movement, and essentially corrects your sitting posture.

CoolDot have developed an antibacterial fitball/sitting ball which is the ideal combination of design and comfort. It is made with antibacterial properties and a washable cover, and available in leather-like and premium leatherette materials, six colours and two sizes.

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